



One Love Global Wellness Foundation Presents

MISSION MEALS Summer Extravaganza

A free dinner at EggCetera Café from 4:00pm to 7:00pm on

Thursday, June 14th

One Love Global Wellness Foundation is excited to share our Mission Meals program with the community. The Mission Meals program serves nutritious, restaurant-quality meals to local individuals and families in need while also providing inspiration, encouragement, and community information.

**This Program is Free of Charge &
Sponsored by the Generosity of the Community!**

**EggCetera Café
19709 Mokena Street, Mokena, IL 60448
(located next to the Downtown Mokena train station)**

Please call at (708) 479-6613 or email grantseeker@sbcglobal.net
to make a reservation.

**Please help us in this effort by sharing this invitation with any individual or family
that might benefit from our Mission Meals Program.**

Special Thanks for making our program available throughout the year:

Egg Cetera Café
Crumb's Baking Company
Faith United Methodist Church
George M. Eisenberg Foundation for Charities
Ecolab, Inc.
Illinois Partners in Hope

Grant Staff, Inc.
Hicks Insurance Group
St. John's United Church of Christ
Suburban Service League
Max Goldenberg Foundation
The Macaron Shoppe

***Giveaways of FREE PASSES for Summertime Fun!
Water park, movie theater, ball games, museums, and more!***



Our logo was designed by an individual in our program

Our Programs

One Love Global Wellness provides a variety of programs and services to help individuals and families in moments of crisis and need.

Our **Mission Meals** program was founded in 2011 to support local individuals in need—including children, seniors, and families—by offering a meals program that provides participants with the opportunity to order and eat in a restaurant setting. Mission Meals partners with EggCetera Café in Mokena, IL to serve dinners after the operation hours of many soup kitchens. During the meal, our organization brings speakers to present on a variety of topics including, nutrition tips, job seeking strategies, networking, resources available in the community, coping mechanisms for stress, interpersonal relationships, and more. We work with and receive referrals from local government and not-for-profit agencies, schools, and churches to determine who would benefit from a warm, nutritious dinner.

The Mission Meals on the Street program sends volunteers out into the community to provide Illinois's homeless population with **Blessing Bags**. These bags are filled with food, toiletries, socks, gloves, band aids, first aid kits, and, in some cases, blankets in a sturdy, waterproof bag. Volunteers also take the time to provide information on shelters and other assistance programs.

Additional Initiatives

One Love Global Wellness Foundation provides programs and services that benefit:

- ❖ Homeless Individuals
- ❖ Economical Disadvantaged Individuals
- ❖ Individuals and Families in crisis situations
- ❖ Medically frail children/individuals/families
- ❖ Orphanages

Illinois By The Numbers

There are over 1,803,535 individuals living below the poverty line in Illinois. 14.4% of the adult population of Illinois lives in poverty, and even more concerning is that 20.1% of our children live in poverty.



Volunteers serve patrons at the Mission Meals holiday dinner

Outcomes

- ❖ 5,000 individuals served since 2011
- ❖ Elderly individuals benefit from an extra nutritious meal and social interaction
- ❖ Individuals and families in need learn about community resources and are better-equipped to escape poverty
- ❖ Local social service agencies reach clients they may not otherwise meet
- ❖ Local youth participate as volunteers and gain a better understanding of the need that exists in their own community
- ❖ Families in moments of crisis receive support
- ❖ Homeless individuals receive assistance in locating housing
- ❖ Unemployed individuals receive help job networking

“We are seniors with three special needs children. It is such a pleasure to come to this program to have the wonderful meals and connect with the community.”

--Ray and Gloria, Mission Meals Clients



Youth volunteer hands out Blessing Bags to homeless individuals

How You Can Help

One Love Global Wellness is 100% funded by donations from the community, without which we would not be able to continue our programs. We welcome donations, large or small, to our P.O. Box listed below. These donations are tax-deductible and are a great way to show your support for our mission. We are always looking for volunteers to help serve our meals, conduct food and toiletry drives, and distribute Blessing Bags.

If you are interested in donating or volunteering with one of our programs, please call our office for more information.



*Mission Meals on the Street
Youth Volunteers*

Testimonial

"Thank you for another festive holiday event! The kids are already enjoying their Christmas gifts! As always the food was excellent and the company even better. We appreciate your efforts to help us make Christmas a happy memory for them. It is such a conflicting time of sadness and loss for them but also full of happiness and even if they don't truly understand what is being done for them when they are older they will remember the kindness of "strangers" during the holiday season and hopefully will grow up to be the ones serving others. Warmest wishes for happy holidays to all. - Debbie, Mother of 8 foster children

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P.O. Box 712, Mokena, IL 60448
(708) 479-6613

oneloveglobalwellness.weebly.com

ONE LOVE GLOBAL WELLNESS FOUNDATION



*Promoting Wellness in
Body, Mind, & Spirit*

Our Mission

One Love Global Wellness Foundation seeks to provide programs and services that promote wellness in every area of life—Body, Mind, and Spirit.

***"If you can't feed
a hundred people,
feed just one..."***

--Mother Teresa
