



Park Pulse



News from the Frankfort Park District

November 2017

For questions call the Park District office at 815-469-9400 or visit www.frankfortparks.org

Youth Programs:

All programs are held at Founders Community Center, 140 Oak Street unless otherwise specified.

THE PIRATES ARE COMING!

ARRRHHH!! Ahoy Matey! Shiver me timbers girls and boys. Come aboard and join a pirate adventure! Arrive dressed up like a pirate and let the journey begin. Each pirate will start off with a craft and then sail on their voyage. A pirate story will be read and a snack will be served. Each pirate will then sail on their ship with their map looking for treasure. Land Ahoy! Let the treasure hunt for gold begin!

Instructor: Sharon Koczor
Day/Date: Friday/November 3
Time: 6:30 - 8:30 pm
Age: 3 - 9 years
Fee: \$22/NR \$27



BEGINNING VIOLIN WORKSHOP I

Learn to play the violin along with beginning music reading and writing skills. Students' progress rapidly utilizing proven methods and games establishing fundamental playing technique and natural tone production. All sheet music is provided including a method book and DVD. There is a one-time accessories package that will need to be purchased for \$10. Parents are welcome and encouraged to attend and participate in all classes. A Violin will be provided to each student for the session to take home for practice.

Instructor: The Music Connection
Day: Saturday
Session II: November 4 - December 16 (No Class November 25)
Age/Time: 6 - 10 years/10:00 - 10:50 am
Age/Time: 9 - 12 years/11:00 - 11:50 am
Fee: \$129/NR \$134



STAR WARS JR. JEDI ACADEMY

Don your Jedi robes for a Star Wars Adventure! Design your own light-saber, master the powers of the force, and apply your skills at the Jedi trials. No need to bring a light-saber, every Jedi-in-training will receive their very own. Younglings, PodaWans and Aliens welcome; no droids please (we don't serve their kind around here.)

Instructor: Gina Barrett
Day/Date: Wednesday/November 8
Time: 5:30 - 6:30 pm
Age: 4 - 10 years
Fee: \$19/NR \$24



CHOCOLATE HAYSTACKS NEW!

If you like chocolate and sweets, then you will enjoy creating and eating this special snack. Yes, these haystacks are edible. All it takes is a few simple steps. You will be surprised to discover what ingredients are used to make this tasty snack. So, come and find out what the mystery ingredient will be and surprise your family with this delicious treat. Please indicate any food allergies.

Instructor: Sharon Koczor
Day/Date: Friday/November 10
Time: 6:30 - 8:30 pm
Age: 3 1/2 - 9 years
Fee: \$22/NR \$27



YOUNG REMBRANDTS ELEMENTARY DRAWING

Young Rembrandts' acclaimed drawing method teaches children to break down complex objects into basic foundational shapes. As they learn to deconstruct and reconstruct images, the experience, repetition and variety of engaging subject matter bring them to increased levels of mastery in drawing. Students will explore the elements of art such as shading, balance, line, volume, depth and color while completing one new drawing each week. * Please Note: the registration deadline is the Saturday before the session begins.

Instructor: Young Rembrandts Staff
Location: Grand Prairie School*
Day: Tuesday
Session II: November 14 - December 12 (No Class November 21)
Time: 2:55 - 3:55 pm
Age: K - 2nd Grade
Fee: \$45/NR \$50



HOLIDAY CRAFTS FOR KIDS NEW!

Tis the season for some holiday fun crafts. Kids will love to see their handy work displayed over the holidays as we design and decorate for the season. Add some decorative cheer throughout your home and make memories at this age appropriate crafting classes. All supplies are included.

Instructor: Chris Johnson
Day/Date: Monday/November 27
Time: 9:30 - 10:30 am
Age: 3 - 5 years (with parent)
Time: 4:45 - 5:45 pm
Age: 6 - 10 years
Fee: \$20/NR \$25



FOOD GIFTS IN A JAR NEW!

It's a Food Gifts Cooking Class! Food gifts are a great way to surprise your friends and celebrate special occasions. Not only do food gifts come straight from the heart, they also come straight from little hands. Your child will make a healthy food gift just in time for the Holidays that can be given for any occasion or celebration. But before we do that, we will need to prepare and sample our gifts! Each food gift is made with love by your child and is completely ready for gift-giving at the end of the class.

Instructor: Tippi Graham, Certified Health Coach
Day: Monday
Food/Date: Apple Pie Pancake/December 4
Have It Your Way Muffin Mix/December 11
Pizza Pasta/December 18
Ages/Time: 6 - 9 years/4:00 - 5:00 pm
10 - 13 years/6:00 - 7:00 pm
Fee: \$30/NR \$35/class



CANDY COLLECTION FOR VETERANS

Deadline: Saturday, November 18
We Want Your Leftover Halloween Candy! The Frankfort Park District is collecting Bite Size Halloween Candy for the residents at the Veterans Home in Manteno. Bite Size Candy is the #1 item requested by the residents at the Veterans Home. So kids, bring in your leftover and excess Halloween Candy to be donated to the retired Veterans at the Veterans Home in Manteno. You can drop off candy at the Frankfort Park District, Founders Community Center, 140 Oak Street.



Upcoming Events

24TH ANNUAL HOLIDAY CRAFT & VENDOR SHOW

SATURDAY • NOVEMBER 11 • 9:00 AM - 3:00 PM
 FOUNDERS COMMUNITY CENTER - 140 OAK STREET
FREE ADMISSION

Craft items include; doll clothes, kitchen items, Holiday decorations, blankets, note cards / tags, personalized photos, handmade jewelry, hair accessories, hand painted glassware and much more! A diverse selection of crafters and vendors, including; Tastefully Simple, LuLa Roe, Pampered Chef, Tupperware, Avon, Nothing Bundt Cakes, Perfectly Posh, Young Living Essential Oils, Pink Zebra, Scentsy, Usborne Books, Pure Haven Essentials, Real Time Pain Relief, Paparazzi Jewelry and much more! This is a great time to get some great holiday gifts.

TURKEY TIME FUN

WEDNESDAY • NOVEMBER 22 • 10:30 AM - 12:30 PM
 FOUNDERS COMMUNITY CENTER, 140 OAK STREET
4 - 10 YEARS • \$6/NR \$9

Here's your chance to burn off some of your energy before eating all that turkey on Thanksgiving. Kids will have fun playing games, making a turkey craft, jumping around in a giant inflatable and enjoying some ice cream.

Registration Deadline: November 18
Age: 4 - 10 years
Fee: \$6/NR \$9



DINNER WITH SANTA

Friday • December 1 • 6:00 - 7:30 pm • \$9/NR \$12 per person
 Founders Community Center - 140 Oak Street
Registration Deadline: November 27 or until filled



Celebrate the holidays by joining Santa and Frosty the Snowman for dinner. Each child will have an opportunity to visit with Santa and receive a goody bag. After your child has given Santa their "wish list", enjoy some fun family entertainment. Our dinner menu will include a slice of cheese pizza, cookie and a drink. Children must be accompanied by an adult. All participants must pre-register.

NO TICKETS will be sold at the door. Space is limited, please register early.

DON'T DELAY - REGISTER TODAY! YOUTH BASKETBALL LEAGUES

Boys & Girls Leagues • 3rd-8th grades
REGISTRATION DEADLINE: NOVEMBER 7TH
(BASED ON AVAILABILITY)



Location: Hickory Creek, Chelsea, Grand Prairie or Founders Community Center
Days: Tuesdays (Practices) and Saturdays (Games)
Dates: December 5 - March 10 (No Practices December 23, 26, 30)
Time: To be announced
Fee: \$129/NR \$134 (\$5 off additional Siblings)

Athletic Programs:

CHICAGO WHITE SOX HITTING & PITCHING CLUB

In this 4-week class, led by Elite Academy instructors, players will learn the same absolutes the White Sox players do. The White Sox Hitting & Pitching Club will cover the absolutes as taught to the White Sox players by the White Sox coaches. The first 2 days of the Club will focus on hitting and the last two days will focus on pitching. Go beyond what you're used to & get ready to be challenged.

Location: Founders Community Center
Day: Monday
Session II: November 6 - December 4
 (No Class November 13)
Age/Time: 6 - 9 years/4:30 - 5:30 pm
Fee: \$100



HOLIDAY HOOPS CAMP

Are you looking for something fun to do over winter break? Then you won't want to miss out on this Holiday Hoops Camp! This camp is for all levels of players that are looking to improve skills while playing games, participating in contests and winning prizes.

Instructor: Dave Esterkamp
Location: Founders Community Center
Day: Wednesday - Friday
Dates: December 27 - 29
Time: 12:30 - 3:00 pm
Age: 6 - 14 years
Fee: \$59/NR \$64



BOWLING LESSONS

Learn to bowl with the Frankfort Park District and Thunder Bowl! Each lesson will include game time, shoe rental and professional instruction from qualified staff members at Thunder Bowl Bowling Alley in Mokena. Pizza and pop will be served on the last day.

Instructor: Gerry Ball
Location: Thunder Bowl Bowling Alley
 18700 South Old LaGrange Road, Mokena
Day: Tuesday
Session II: November 7 - December 19
 (No Class November 21)
Time: 5:30 - 6:30 pm
Age: 6 years & older
Fee: \$60/NR\$65



For up-to-date information on upcoming programs and events, [Like](#) us on Facebook.

