

Yes Sugary drinks should have labels	No, Sugary drinks should not have labels
<ul style="list-style-type: none"> • Sugar can rot your teeth and turn your liver to scar tissue (1) • Brain scans show sugar affects the same part of the brain as addictive drugs (1) • Too many spikes in insulin over time can lead to liver problems & type 2 diabetes (3) • If you consume 15% of your daily calories from added sugar you have an 18% higher risk of dying from heart disease (2) • The more sugar you eat, the higher your risk of death from heart disease (2) • The body absorbs liquid sugar more quickly than solid food and sends it straight to your liver (1) • Anti-smoking measures, including warning labels have saved 8 million lives (1) • Sugary drinks are the largest source of added sugar in diets (1) • Too much sugar can lead to obesity (1) • Teens today eat roughly 30% of their total daily calories in sugar when they should have 5-10% of their daily calories from sugar (3) • Less sugar = lower weight (3) • Sugar can lead to high blood pressure (2) 	<ul style="list-style-type: none"> • Sugar is on the FDA's safe list (2) • Can't guarantee that warning labels will work (1) • Reducing sugar or adding sugar free foods will not stop weight gains (3) • Soda is not the only cause of being obese (1) • There are already nutrition facts, so just enlarge those (1) • There is sugar in almost every food, so it doesn't make sense to only put labels on sugary drinks (1) • Too many labels causes less of an impact (1) • Sometimes warning labels make people do the opposite of what they are warning them about (1) • Only 4% of the calories in the average American diet are from soda (1)