

Yes Sugary drinks should have labels	No, Sugary drinks should not have labels
<ul style="list-style-type: none"> • People who consume about 15% of their daily calories from sugar have 18% greater chance of death.(2) • Teens now average 150 grams per day or roughly 30% of total calories from sugar, and they are only recommended to have 10% of their daily calorie intake at most from sugar.(2) • Brain scans show that eating sugar affects the same part of the brain as addictive drugs.(1) • Sugar isn't the cause of obesity it's a cause of obesity.(2) • It increases your risk of heart disease, diabetes, also liver problems, and high blood pressure.(1) • Sugar is more addictive than cocaine.(1) • Anti-smoking measures including warning labels are estimated to have saved about 8 million lives since 1964. • Sugar in liquid form is absorbed more quickly than sugar in solid foods this sends sugar straight to your liver.(1) 	<ul style="list-style-type: none"> • Sugar is on the FDA's safe list of food.(3) • Americans intake of sugar has decreased from 1999 to 2004, Americans consumed 16.8% and from 2005 to 2010 it dropped to 14.9%.(3) • Having too many labels defeats the point.(1) • Only 4% of calories in the average Americans lifestyle is from pop. (1) • We already have nutrition facts/warning labels on sodas.(1) • Taxing soda may be more successful to reduce soda drinking.(1) • The world health organization and the American heart association disagree on how much sugar we should intake.(2) • Warning labels make some people want to engage in the risky behavior even more.(1) • The American heart association guidelines are too strict for some people to follow.(2)