

When is my child sick enough to stay home from school?



We realize that this is not always an easy question. We hope these tips help!

Our school practice states that you should not send your child to school if they have:

1. **Fever** in the past 24 hours
2. **Vomiting** in the past 24 hours.
3. **Diarrhea** in the past 24 hours.
4. Sore throat-especially with a fever or swollen glands
5. Strep Throat-They must have been taking an antibiotic for at least 24 hours before returning to school.
6. Bad cold- with a very runny nose or bad cough, especially if it has kept the child awake at night.
7. Head Lice-until your child has been treated according to the nurse or doctor's instructions.
8. Rash-will be assumed to be contagious and needs to be diagnosed by a doctor with a note accompanying them on their return.
9. Pink Eye-will need to be seen by a physician and on antibiotics for 24 hours before returning to school.
10. Appearance, Behavior-unusually tired, pale, lack of appetite, difficult to wake, confused or irritable. This is sufficient reason to stay home.

IF YOUR CHILD SHOWS ANY OF THE ABOVE SYMPTOMS AT SCHOOL,
THEY WILL BE SENT HOME.

Bringing a sick child to school puts many other children and staff at risk of getting sick. Please reinforce the healthy practice of good hand washing and covering your mouth with your elbow when you cough or sneeze. Keeping hands away from their face.

Remember: whenever you keep your child home from school, please contact the office in advance of the start of the school day.