

P.E.



Physical Education

- * **Grading Policy**

- * **50% Summative**

- * **50% Formative**

- * **25 Weekly Participation Points**

- * **Uniforms**

- * **RevTrak**

Remind.com

- * PE classes will be using Remind.com**
- * Teachers will be sending important reminders on an as needed basis**
- * This is NOT required, but highly recommended**
- * For access codes, please visit your child's teacher webpage**

8th Grade PE Options

- **Fit For Life**
- **Competitive**
- **Traditional PE**

Health Education

- Students will cover a variety of topics, depending on the grade level.
- Quarter Rotation (except Fridays)
 - * Quarter 2: Connolly, Dettman, Purpura
 - * Quarter 3: Rodgers, Talaga

7th Grade Topics

- *Mental, social, and emotional health*
- *Personal health*
- *Non-communicable diseases*
- *Alcohol, tobacco, and other drugs*
- *Human body systems*