

Playing with my gum is gross!

In school, I am allowed to chew gum to help me concentrate and feel good. However, playing with my gum and putting my fingers in my mouth is gross!



I like my classmates and want them to have good thoughts about me, when I put my fingers in my mouth or play with my gum that does not happen.



Playing with my gum and putting my fingers in my mouth is also an easy way for me get germs, that can make me sick. It also helps to spread germs to others.



When my teacher notices that I am playing with my gum or putting my fingers in my mouth, they will help me realize and tell me to use hand sanitizer.

When I am told to use hand sanitizer it should make a lightbulb go off in my head letting me know I was playing with my gum or putting my fingers in my mouth.



I like my friends and they like me. I give them lots of good thoughts while I am at school, but if I put my fingers in my mouth or play with my gum it totally grosses them out!



I will not play with my gum or put my fingers in my mouth! This will continue to give other people I am around good and happy thoughts about me!

